



Upcoming Events and Calendar Dates

Wednesday, March 3rd

- BookBag pick-up 12:00-4:00 ~ last names H-N
Side door near the Vernon Garden!

Friday, March 5th

- Principal's Virtual Coffee Hour 10:00AM
meet.google.com/vnq-aouk-vpp
phone number: 612-404-0718. PIN: 375 579 737#

Thursday, March 18th

- Vernon Virtual PTA Meeting 5:45-7:30pm
Zoom: <https://us02web.zoom.us/j/82214143120?pwd=NTA5QW99QU0hLNIpWODJEBFNDZWNYUT09>
Meeting ID: 822 1414 3120 Passcode: uZqq0x
One tap mobile 6699006833, Passcode: 799473

Monday, March 22nd - Friday, MARCH 26th

- SPRING BREAK! ~ NO SCHOOL

**THANK
YOU
TEACHERS
AND STAFF**

TEACHER APPRECIATION!

Please join PTA in showing our appreciation for our dedicated teachers, administration and staff! You are invited to contribute notes, gift cards, drawings, etc...anything that could fit in an envelope to show your appreciation for all of they're hard work. They miss our kids and even the smallest expressions of gratitude would mean so much.

You can bring these during Wednesday book exchange, March 3rd & March 10th, or mail it to the attention of PTA at the school at Vernon Elementary 2044 NE Killingsworth St. Portland, OR 97211

Email vernonpta@gmail.com if you want to arrange alternate drop off/pick up.



Counselor Corner

Counselor Website



2/26

Supporting your child through grief

We can help most by simply being present with and attentive to children as they ask questions and express their feelings. It is upsetting to see your children struggle with loss.

Here are some things to remember: Your children are concerned for you. They wonder how you are coping. They may worry about your health and whether you, too, will die. They may hesitate to bring up questions or ask for help because they don't want to upset you. It is important to invite them to ask questions and talk about their feelings, even though you may also be upset.

It's OK to show your feelings. Children know when adults are genuine and honest. When children see that parents and other adults have strong feelings and find ways to cope, it helps them learn how to cope, too. This is an important opportunity to show children ways to understand and express their upset feelings.

Coalition to Support Grieving Students

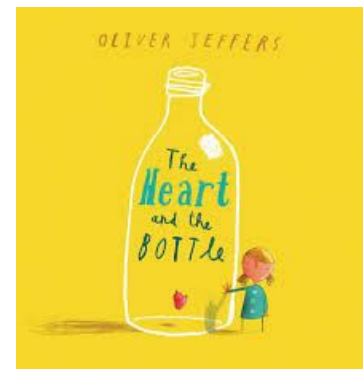
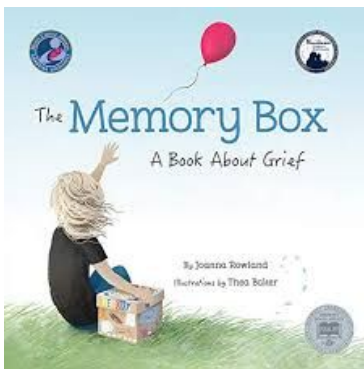
Other Resources:

Support you grieving child or teen

Dougy Center

Trillium Family Services

Cascadia



Contact Information:

Ms. Hanna (K-3): hallen@pps.net
Appointment Request (971) 378-0424

Ms. Shannon (4-8): snicolas@pps.net
Appointment Request (503) 308-9546

Ms. Hanna's Office Hours

KG- 3rd Grades: **Tuesdays 8-8:30am**
Thursdays 1:30-2:30pm
[counselorhannaofficehours](#)

Ms. Shannon's Support Times

4th & 5th: **Mondays 1:30-2pm**
[msshannonoffice4-5](#)

Weekly Mindfulness with Ms. Hanna

Tuesdays 8:30am & Thursdays 2:30pm [Weekly Mindfulness](#)

"Struggle is Real" MYP Study Support: Tuesdays, Wednesdays, Fridays at 2-3pm [vernonsupport](#)

Social Emotional Learning Journal

Pick up your K-5 Journal with you library books on Wednesdays at Vernon. Extra guidance can be found on our [Counselors Website](#)

Wings of Freedom (QSA)

Wings is a student-run group that unites LGBTQIA+ and allied youth to build community and organize around issues impacting them in their schools and communities.

3-5 Wings of Freedom: Wednesdays @ 3:15-3:45pm code: [wings3-5](#)

6-8 Wings of Freedom: Fridays @ 11:45-12:15 code: [vernonwings](#)

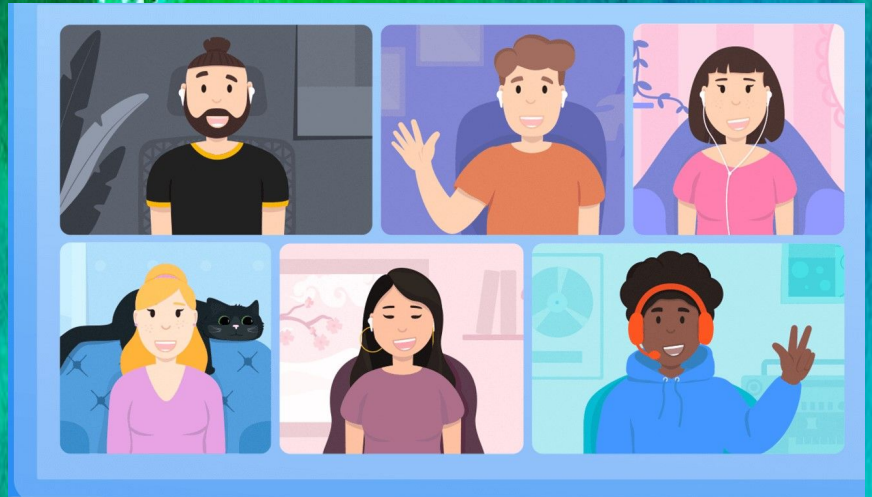
PPS Drop-In Hours for Families and Caregivers

Do you have questions about the best way to prevent your student from using substances?

Do you wonder if your student's behavior is typical? Or if you should you be worried?

Are you wondering what things you can do now to help your elementary age student make healthy and safe choices about substance when they get become a teen?

Do you want to find out what resources may be available to your student or family?



Join the PPS Substance Use Team and get your questions answered. Services offered in Spanish and English.

**When: Tuesdays 3:30-4:30
(beginning 3/2/21)**

How: [Click here](#) for a link to the google meet

PPS Horas de Consulta para Familias y Cuidadores

¿Tiene preguntas sobre cómo prevenir que su estudiante use drogas y alcohol?

¿Se pregunta si el comportamiento de su estudiante es “normal”?

¿Quiere saber qué puede hacer ahora para ayudar a su estudiante de edad de escuela primaria tomar decisiones saludables y seguras sobre las drogas cuando se convierten en adolescentes?

¿Quiere saber qué recursos hay para su estudiante u otro miembro de la familia que luche con el uso de alcohol y drogas?



Únase con los PPS consejero(a)s de alcohol y drogas para consultar y obtener respuestas a sus preguntas. Servicios en Español e Inglés.

Cuándo: Todos los Martes a las 3:30p-4:30p

Cómo: [Haga clic aquí](#) para ingresar a la reunión de Google

Adolescent Substance Use Parent Skills Group

Supporting Parents/Caregivers who have concerns about a young person's substance use.

6
WEEK
SERIES

This is a confidential
group space



Thursdays
4p-530p

March
4, 11, 18

April
1, 8, 15

ZOOM LINK

This **virtual** group space facilitated by Vital Space, LLC - Cordelia Kraus LPC, CADC I
and
PPS Substance Use Services Team-Emma Sohriakoff LCSW, CADC III.

ANY INFORMATION SHARED WILL NOT RESULT IN OR CONTRIBUTE TO A DISCIPLINARY
PROCESS FOR ANY PPS STUDENT.

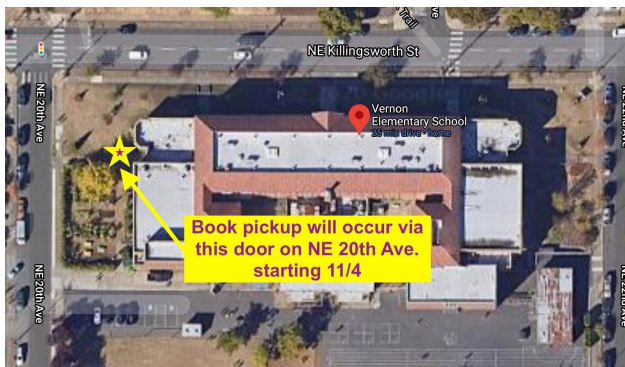
Vernon Library Updates

Friday, February 5, 2021



Let's Get Reading! Update


Let's Get Reading! book bag distribution is still happening on Wednesdays! Please see the attached calendar for current pick up dates. As a reminder, distribution continues from the door at the northwest corner of our school building. When you arrive at the school, please remember to wear a face covering and maintain physical distancing.



Elementary Library Course Grading

When you receive your child's report card in the coming week, you may notice a new addition of a section devoted to some new library skill indicators. Starting in the third quarter, elementary students will begin receiving a more formal grade related to the "uses a variety of resources and tools to research, solve problems, and make connections." Additional information about grading criteria will be shared in coming weeks via Seesaw - please stay tuned.

PLEASE NOTE



Participation in our asynchronous library activities continues to be a required expectation this school year. Please note that students must complete and submit a minimum of four of the nine weekly library activities in order to receive a grade.

MYP Library Assignments

Regular participation in library activities through the Canvas learning platform continues to be an expectation of all MYP students this year. Please use your time from 9:00-9:30 AM on either Thursday or Friday to engage in class activities and submit the weekly activity log. Students need to complete at least four (4) weekly activity logs to earn a grade of Pass for their library course grade.

Vernon Book Club

We continue to offer weekly book club meetings for each grade level, and all students are welcome to join us at any time. The schedule for our meetings is as follows:

- Grades K-2 - Tuesdays from 2:15-2:45
- Grades 3-5 - Thursdays from 3:30-4:15
- Grades 6-8 - Thursdays from 8:45-9:30

Black History Month

As we celebrate Black History Month, now is a great opportunity to find new resources for outstanding literature by celebrated black authors. In the coming weeks, our library course activities will feature sources and book recommendations of some excellent titles. I encourage parents to check out these resources with their child via their online learning platforms (SeeSaw/Canvas). Many of these books will be fun for the whole family!

We have also included many books featuring black authors and characters within our *Let's Get Reading* book bags. If you've not been by the school to pick up a bag recently, I encourage you to check out the many great options included in the bags. I would love to see you on a Wednesday sometime soon! Please see the library calendar for your assigned pick up day.

Vernon Library Calendar

February 2021

Monday	Tuesday	Wednesday	Thursday	Friday
Feb. 1 Week 18 Library Activities Posted in SeeSaw (K-5) and Canvas (6-8)	2 K-2 Library Office Hours and Book Club 2:15-2:45 PM	3 Reading Bag Pickup Last Names A-G 12-4 PM	4 6-8 Book Club from 8:45 - 9:30 6-8 Library Office Hours 1:00-1:30 PM 3-5 Vernon Book Club from 3:30 - 4:15	5 6-8 Library Office Hours 8:45 - 9:00 AM 3-5 Library Office Hours 11-11:30 AM
8 Week 19 Library Activities Posted in SeeSaw (K-5) and Canvas (6-8)	9 K-2 Library Office Hours and Book Club 2:15-2:45 PM	10 Reading Bag Pickup Last Names H-N 12-4 PM	11 6-8 Book Club from 8:45 - 9:30 6-8 Library Office Hours 1:00-1:30 PM 3-5 Vernon Book Club from 3:30 - 4:15	12 6-8 Library Office Hours 8:45 - 9:00 AM 3-5 Library Office Hours 11-11:30 AM
15 President's Day No School for students	16 Week 20 Library Activities Posted in SeeSaw (K-5) and Canvas (6-8) K-2 Library Office Hours and Book Club 2:15-2:45 PM	17 Reading Bag Pickup Last Names O-Z 12-4PM	18 6-8 Book Club from 8:45 - 9:30 6-8 Library Office Hours 1:00-1:30 PM 3-5 Book Club from 3:30 - 4:15	19 6-8 Library Office Hours 8:45 - 9:00 AM 3-5 Library Office Hours 11-11:30 AM
22 Week 21 Library Activities Posted in SeeSaw (K-5) and Canvas (6-8)	23 K-2 Library Office Hours and Book Club 2:15-2:45 PM	24 Reading Bag Pickup Last Names A-G 12-4PM	25 6-8 Book Club from 8:45 - 9:30 6-8 Library Office Hours 1:00-1:30 PM 3-5 Book Club from 3:30 - 4:15	26 6-8 Library Office Hours 8:45 - 9:00 AM 3-5 Library Office Hours 11-11:30 AM

Office Hour & Book Club Links

K-2 Office Hours and Book Club Link: meet.google.com/lookup/wilkinsK-2

3-5 Office Hours and Book Club Link: meet.google.com/lookup/wilkins3-5

6-8 Office Hours and Book Club Link: meet.google.com/lookup/wilkins6-8